

*FOUR ANCHORS FOR*  
*THE SOUL*

*(Finding strength in suffering)*

Acts 27.20.29

***"Fearing that we would be dashed against the rocks, they dropped four anchors from the stern and prayed for daylight".***

# 1. The Sovereignty of God in everything.

- o Exodus 4.11 "The LORD said to Moses, 'Who gave man his mouth? Who makes him deaf or mute? Who gives him sight or makes him blind? Is it not I, the LORD?'"
- o Isaiah 45.7 "I am the LORD... I bring prosperity and create disaster. I the LORD do all these things"
- o Deuteronomy 32.39 "There is no God besides me. I kill and I make alive. I wound and I heal. and there is none that can deliver out of my hand"
- o Job 1.21 "The LORD gave and the LORD has taken away, blessed be the name of the LORD"
- o Job 2.10 "Shall we receive good at the hand of God and shall we not receive evil?"

## 2. The Suffering of God in the past.

- o 1 Peter 2.21
- o Hebrews 2.18 "Because he himself suffered when he was tempted, he is able to help those who are being tempted"
- o Hebrews 4.15,16

# 3. The Salvation of God in the future.

- o Romans 8.18 " For I reckon that the sufferings of this present time are not worthy to be compared with the glory that shall be revealed in us"
- o 2 Peter 5.10 "The God of grace who called you to his eternal glory in Christ, after you have suffered a little while will himself restore you and make you strong, firm and steadfast"
- o Romans 5.2
- o 2 Corinthians 4.16-18

# 4. The Sustenance of God in the present.

- o Isaiah 43.2
- o Isaiah 41.10 "Do not fear for I am with you. Do not be dismayed for I am your God. I will strengthen you and help you and uphold you with my righteous right hand."
  
- o John 16.32
- o 2 Timothy 4.16,17
- o Joshua 1.5
- o Hebrews 13.5
- o Matthew 28.20
- o Psalm 46.1
- o Psalm 23.4